**P.E Long Term Plan- 2023-24**

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|  | **Autumn** | **Spring** | **Summer** |
| **EYFS** |  |  |  |
| **Year 1** | Gymnastics 1Attack, defend, shoot 1 Dance 1Attack, defend, shoot 2. | Gymnastics 2Hit, catch, run 1.Dance 2Hit, run, catch 2 | Run, jump, throw 1.Send and return 1.Run, jump, throw 2.Send and return 2 |
| **Year 2** | Gymnastics 1Attack, defend, shoot 1 Dance 1Attack, defend, shoot 2 | Gymnastics 2Hit, catch, run 1.Dance 2Hit, run, catch 2 | Run, jump, throw 1.Send and return 1.Run, jump, throw 2.Send and return 2 |
| **Year 3** | SwimmingGymnastics 1Dance 1Basketball | Swimming catches up/ dance.FootballCricketGymnastics 2 | HandballRoundersAthleticsOAA |
| **Year 4** | DanceBasketballSwimmingGymnastics 1 | Swimming catches up/ dance.FootballCricketGymnastics 2 | HandballRoundersAthleticsOAA |
| **Year 5** | Gymnastics 1NetballDance 1Tag Rugby | Gymnastics 2HockeyDance 2Cricket | RoundersFootballAthleticsOAA |
| **Year 6** | Gymnastics 1NetballDance 1Handball/ dodgeball | Gymnastics 2HockeyDance 2Cricket. | RoundersFootballAthleticsOAA |